# NHS Community Mental Health Survey Benchmark Report 2024

Midlands Partnership University NHS Foundation Trust

Community Mental Health Survey | 2024 | RRE | Midlands Partnership University NHS Foundation Trust



Survey Coordination Centre



CareQuality Commission Survey Coordination Centre



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# **Background and methodology**

### This section includes:

- an explanation of the NHS Patient Survey Programme
- information on the 2024 Community Mental Health Survey
- a description of key terms used in this report
- navigating the report





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### **Background and methodology**

### The NHS Patient Survey Programme

The NHS Patient Survey Programme (NPSP) collects feedback on adult inpatient care, maternity care, children and young people's inpatient and day services, urgent and emergency care, and community mental health services.

The NPSP is commissioned by the Care Quality Commission (CQC); the independent regulator of health and adult social care in England.

As part of the NPSP, the Community Mental Health Survey has been conducted almost every year since 2004. CQC use the results from the survey in its assessment of mental health trusts in England.

To find out more about the survey programme and to see the results from previous surveys, please refer to the section on further information on this page.

### **Community Mental Health Survey**

The survey was administered by the Survey Coordination Centre (SCC) at Picker Institute. A total of 76,581 community mental health service users were invited to participate in the survey across 53 NHS trusts.

Completed responses were received from 14,619 community mental health service users, an adjusted\* response rate of 20%.

Service users aged 16 and over were eligible to participate in the survey if they were receiving care or treatment for a mental health condition and were seen face-to-face at the trust, via video conference or telephone between 1 April 2024 and 31 May 2024.

For more information on the sampling criteria for the survey, please refer to the sampling instructions detailed in the 'Further information' section. Fieldwork for the survey (the time during which questionnaires were sent out and returned) took place between August and December 2024.

### Further information about the survey

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- For published results and for more information on the Community Mental Health Survey please visit the <u>NHS Survey website</u>.
- For published results for other surveys in the NPSP, and for information to help trusts implement the surveys across the NPSP, please visit the <u>NHS Surveys website</u>.
- To learn more about the CQC's survey programme, please visit the <u>CQC website</u>.

\*The adjusted base is calculated by subtracting the number of questionnaires returned as undeliverable, or if someone had died, from the total number of questionnaires sent out. The adjusted response rate is then calculated by dividing the number of returned useable questionnaires by the adjusted base.



### Key terms used in this report

### The 'expected range' technique

This report shows how your trust scored for each evaluative question in the survey, compared with other trusts that took part. It uses an analysis technique called the 'expected range' to determine if your trust is performing about the same, better or worse compared with most other trusts. This is designed to help understand the performance of individual trusts and identify areas for improvement. More information can be found in the <u>How to</u> <u>interpret benchmarking in this report</u> slide.

#### **Standardisation**

Demographic characteristics, such as age and sex, can influence care experiences and how they are reported. For example, research shows that older people report more positive experiences of care than younger people. Since trusts have differing profiles of community mental health service users, this could make fair trust comparisons difficult. To account for this, we 'standardise' the results, which means we apply a weight to individual service user responses to account for differences in demographic profile between trusts. For each trust, results have been standardised by the age and sex of respondents to reflect the 'national' age-sex type distribution (based on all respondents to the survey).

This helps ensure that no trust will appear better or worse than another because of its profile and enables a fairer and more useful comparison of results across trusts. In most cases this standardisation will not have a large impact on trust results.

### Scoring

For selected questions in the survey, the individual (standardised) responses are converted into scores, typically 0, 5, or 10 (except for Q15). A score of 10 represents the best possible result and a score of 0 the worst. The higher the score for each question, the better the trust is performing. Only evaluative questions in the questionnaire are scored. Some questions are descriptive (for example Q1), and others are 'routing questions', which are designed to filter out respondents to whom subsequent questions are not scored. Please refer to the scored questionnaire for further details. Section scoring is computed as

the arithmetic mean of question scores for the section after weighting is applied. More information can be found in the '<u>An example of scoring</u>' slide.

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#### National average

The 'national average' mentioned in this report is the arithmetic mean of all trusts' scores after weighting is applied.

#### Suppressed data

If fewer than 30 respondents have answered a question, no score will be displayed for that question (or the corresponding section the question contributes to).

## Further information about the methods

For further information about the statistical methods used in this report, please refer to the <u>survey</u> <u>technical document</u> which is on the 'Analysis and Reporting' section of the 2024 Community Mental Health Survey webpage on the NHS surveys website.



### Using the survey results

### Navigating this report

This report is split into five sections:

- Background and methodology provides information about the survey programme, how the survey is run, and how to interpret the data.
- Headline results includes key trust-level findings relating to the service users who took part in the survey, benchmarking, and top and bottom scores. This section provides an overview of results for your trust, identifying areas where your organisation performs better than the average and where you may wish to focus improvement activities.
- **Benchmarking** shows how your trust scored for each evaluative question in the survey, compared with other trusts that took part; using the 'expected range' analysis technique. This allows you to see the range of scores achieved and compare yourself with the other organisations that took part in the survey. Benchmarking can provide you with an indication of where you perform better than the average, and what you should aim for in areas where you may wish to improve.

- Change over time includes your trust's mean score for each evaluative question in the survey shown in a significance test table, comparing it to your 2023 mean score. This allows you to see if your trust has made statistically significant improvements between survey years.
- Comparison to other trusts includes where your trust has performed better or worse in comparison to other trusts.

## How to interpret the graphs in this report

There are several types of graphs in this report that show how the score for your trust compares to the scores achieved by all trusts that took part in the survey.

The two chart types used in the section 'Benchmarking' use the 'expected range' technique to show results. For information on how to interpret these graphs, please refer to the <u>'How to interpret</u> <u>benchmarking in this report</u>' slides.

#### Other data sources

More information is available about the following topics at their respective websites, listed below:

 Full national results; technical document: <u>http://www.cqc.org.uk/cmhsurvey</u>

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- National and trust-level data for all trusts who took part in the 2024 Community Mental Health Survey <u>https://nhssurveys.org/surveys/survey/05-</u> <u>community-mental-health/</u>. Full details of the methodology for the survey, instructions for trusts and contractors to carry out the survey, and the survey development report can also be found on the NHS Surveys website.
- Information on the NHS Patient Survey Programme, including results from other surveys: <u>www.cqc.org.uk/content/surveys</u>
- Information about how the CQC monitors providers: <u>https://www.cqc.org.uk/what-we-</u> <u>do/how-we-use-information/using-data-monitor-</u> <u>services</u>

# **Headline results**

This section includes:

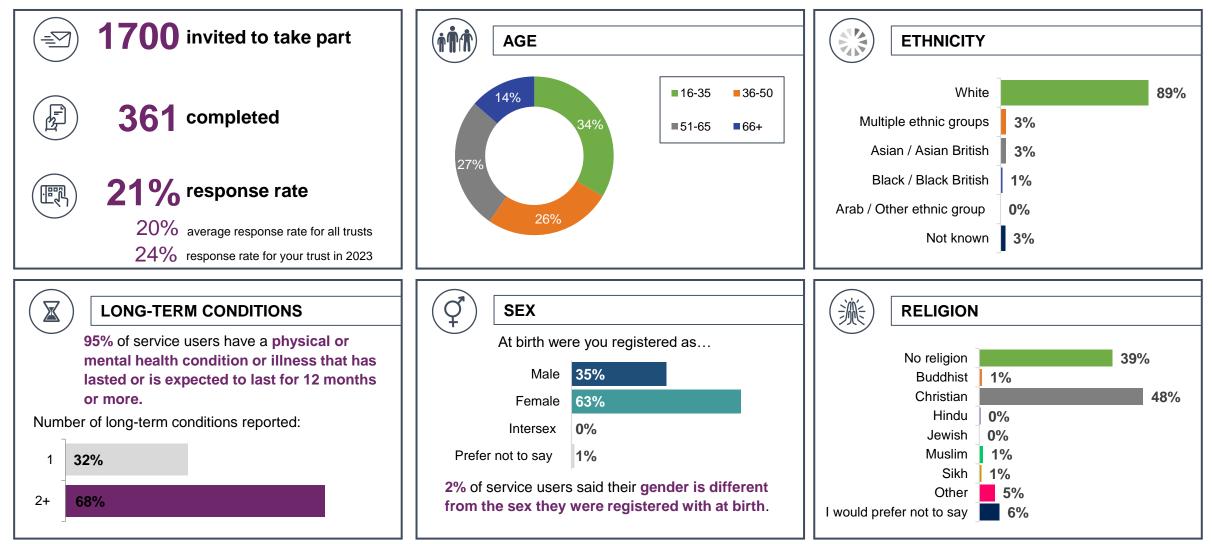
- information about your trust population
- an overview of benchmarking for your trust
- the best and worst scores for your trust presented in charts (slide 10) and poster format (slide 11)

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### Who took part in the survey?

This slide is included to help you interpret responses and to provide information about the population of service users who took part in the survey.



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Comparison to other trusts

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## Summary of findings for your trust

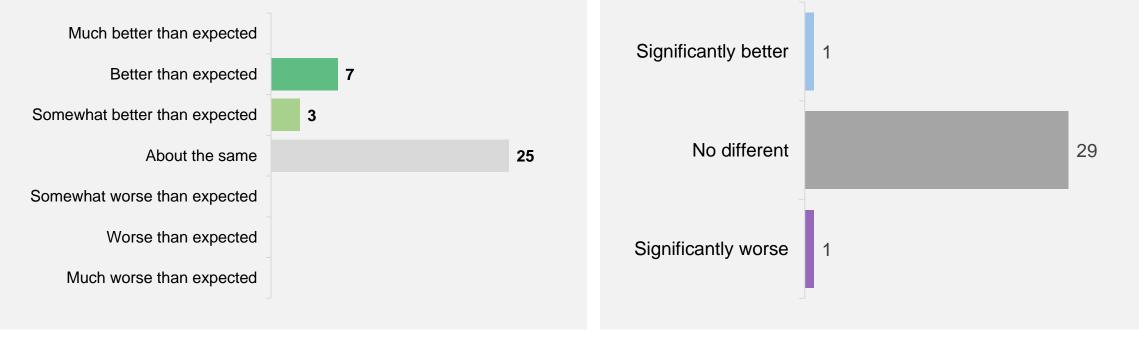
Scoring and

### **Comparison with other trusts**

The number of questions at which your trust has performed better, worse, or about the same compared with all other trusts.

### Comparison with last year's results

The **number of questions** at which your trust has performed statistically significantly better, significantly worse, or no different than your result from the previous year, 2024 vs 2023.



For a breakdown of the questions where your trust has performed better or worse compared with all other trusts, please refer to the section "Comparison to other trusts".

Change over time

me Comparison to other trusts

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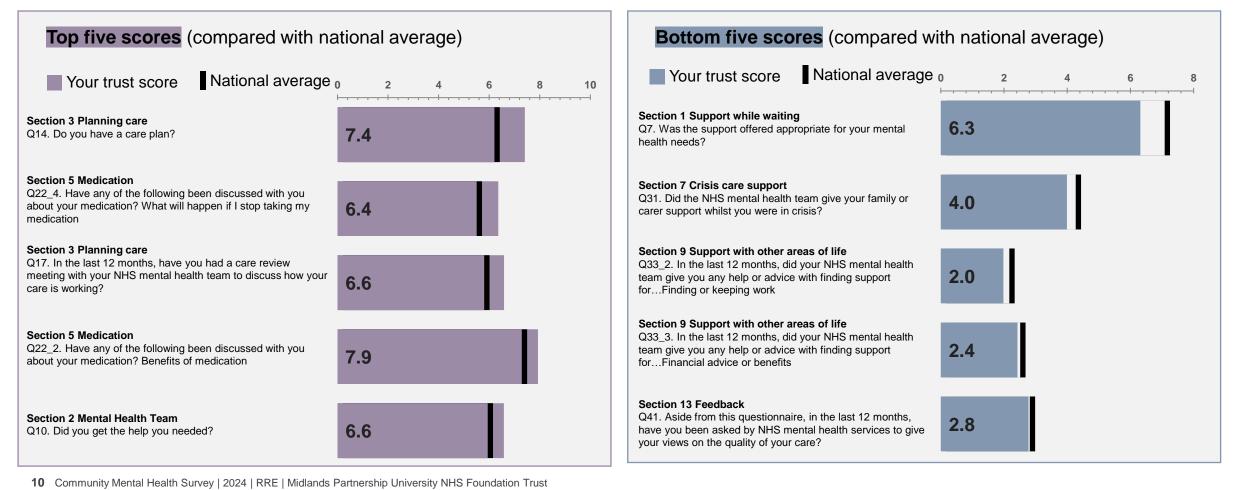
Commissioñ



### Best and worst performance relative to the national average

These five questions are calculated by comparing your trust's results to the national average.

- Top five scores: These are the five results for your trust that are highest compared with the national average. If none of the results for your trust are above the national average, then the results that are closest to the national average have been chosen, meaning a trust's best performance may be worse than the national average.
- Bottom five scores: These are the five results for your trust that are lowest compared with the national average. If none of the results for your trust are below the national average, then the results that are closest to the national average have been chosen, meaning a trust's worst performance may be better than the national average.







### **NHS Community Mental Health Survey**

**Results for Midlands Partnership University NHS Foundation Trust** 

### Where service user experience is best

- Planning care: service users having a care plan
- Medication: what will happen if they stop taking medication being discussed with service users
- Planning care: service users had a care review meeting in the last 12 months
- ✓ **Medication:** benefits of medication being discussed with service users
- ✓ Mental health team: staff delivered help needed

### Where service user experience could improve

- **Support while waiting:** service users offered appropriate support while waiting
- **Crisis care support:** NHS mental health team provided support to family/carer when service users had a crisis
- **Support with other areas of life:** service users being given help or advice with finding support for finding or keeping work
- **Support with other areas of life:** service users being given help or advice with finding support for financial advice or benefits
- **Feedback:** NHS mental health services asking service users for their views on the quality of their care

These questions are calculated by comparing your trust's results to the national average. "Where service user experience is best": These are the five results for your trust that are highest compared with the national average. "Where service user experience could improve": These are the five results for your trust that are lowest compared with the national average.

This survey looked at the experiences of people who were receiving care or treatment for a mental health condition and had been treated by the trust between 1 April 2024 and 31 May 2024. Between August and December 2024, a questionnaire was sent to 1700 recent service users. Responses were received from 361 service users at this trust. If you have any questions about the survey and our results, please contact [INSERT TRUST CONTACT DETAILS].

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# **Scoring and benchmarking**

### This section includes:

- how your trust scored for each evaluative question in the survey, compared with other trusts that took part
- an analysis technique called the 'expected range' to determine if your trust is performing about the same, better or worse compared with most other trusts

**Please note**: If data is missing, this is due to a low number of responses.

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### How questions are scored

Headline results

Each evaluative question is scored on a scale from 0 to 10. The scores represent the extent to which the service user's experience could be improved. A score of 0 is assigned to all responses that reflect considerable scope for improvement, whereas a score of 10 refers to the most positive service user experience possible. Where a number of options lay between the negative and positive responses, they are placed at equal intervals along the scale. Where options were provided that did not have any bearing on the trust's performance in terms of service user experience, the responses are classified as "not applicable" and a score is not given. Similarly, where respondents stated they could not remember or did not know the answer to a question, a score is not given.

#### Example of how questions are scored

The following provides an example for the scoring system applied for each respondent. For question 18 "Has your NHS mental health team supported you to make decisions about your care and treatment? Support includes sharing information on risks and benefits of your care and treatment.":

- The answer code "Yes, definitely" would be given a score of 10, as this refers to the most positive service user experience possible.
- The answer code "Yes, to some extent" would be given a score of 5, as it is placed at an equal interval along the scale.
- The answer code "No" would be given a score of 0, as this response reflects considerable scope for improvement.
- The answer code "Don't know / can't remember" would not be scored, as they do not have a clear bearing on the trust's performance in terms of service user's experience.

#### Calculating the trust score for each question

The weighted mean score for each trust, for each question, is calculated by dividing the sum of the weighted scores for a question by the weighted sum of all eligible respondents to the question for each trust. An example of this is provided in the <u>survey technical document</u>.

#### Calculating the section score

An arithmetic mean of each trust's question scores is taken to provide a score for each section.

Comparison to

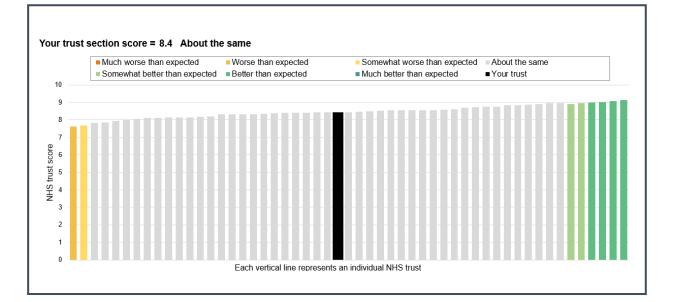
### How to interpret benchmarking in this report

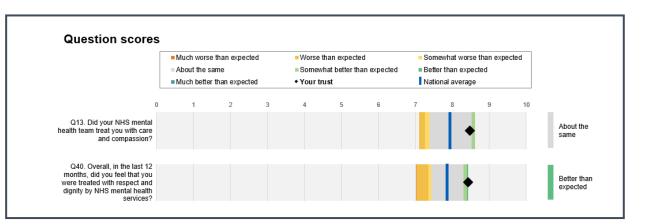
The charts in the 'benchmarking' section show how the score for your trust compares to the range of scores achieved by all trusts taking part in the survey. The black line shows the score for your trust. The graphs are divided into seven sections, comparing the score for your trust to most other trusts in the survey:

- If your trust's score lies in the dark green section of the graph, its result is 'Much better than expected'.
- If your trust's score lies in the **mid-green section** of the graph, its result is 'Better than expected'.
- If your trust's score lies in the **light green section** of the graph, its result is 'Somewhat better than expected'.
- If your trust's score lies in the **grey section** of the graph, its result is 'About the same'.
- If your trust's score lies in the **yellow section** of the graph, its result is 'Somewhat worse than expected'.
- If your trust's score lies in the **light orange section** of the graph, its result is 'Worse than expected'.
- If your trust's score lies in the dark orange section of the graph, its result is 'Much worse than expected'.

These groupings are based on a rigorous statistical analysis of the data termed the '<u>expected range' technique</u>.







### How to interpret benchmarking in this report (continued)

The 'much better than expected,' 'better than expected', 'somewhat better than expected', 'about the same', 'somewhat worse than expected', 'worse than expected' and 'much worse than expected' categories are based on an analysis technique called the 'expected range'. Expected range determines the range within which a trust's score could fall without differing significantly from the average, taking into account the number of respondents for each trust, to indicate whether the trust has performed significantly above or below what would be expected.

If it is within this expected range, we say that the trust's performance is 'about the same' as other trusts. Where a trust is identified as performing 'better' or 'worse' than the majority of other trusts, the result is unlikely to have occurred by chance.

The question score charts show the trust scores compared to the minimum and maximum scores achieved by any trust. In some cases, this minimum or maximum limit will mean that one or more of the bands are not visible – because the range of other bands is broad enough to include the highest or lowest score achieved by a trust this year. This could be because there were few respondents, meaning the confidence intervals around your data are slightly larger, or because there was limited variation between trusts for this question this year.

In some cases, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust. This occurs as the bandings are calculated through standard error rather than standard deviation. Standard error takes into account the number of responses achieved by a trust, and therefore the banding may differ for a trust with a low number of responses.

Additional information on the 'expected range' analysis technique can be found in the survey technical report on the NHS Surveys website.

Change over time

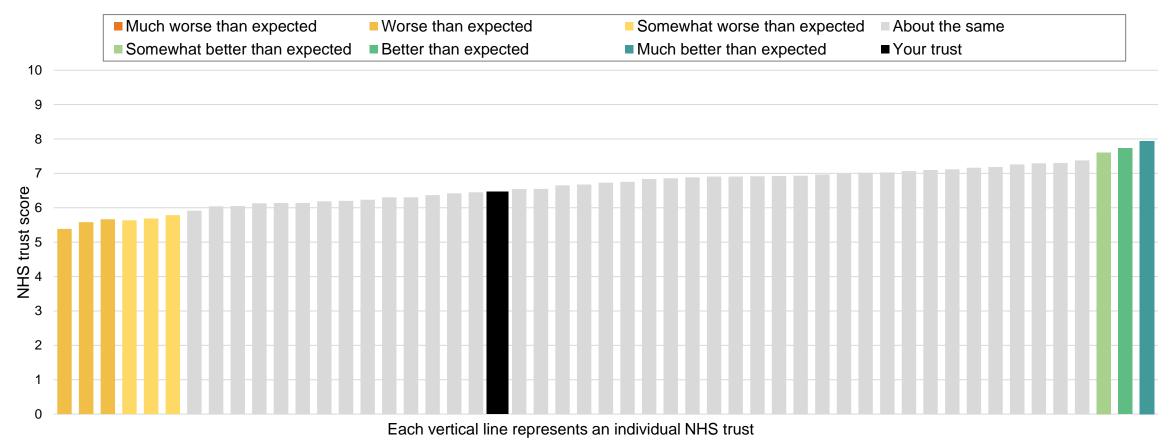
Comparison to other trusts



### Section 1. Support while waiting

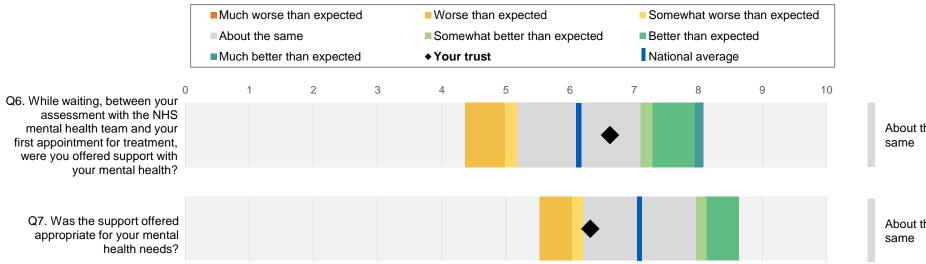
This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 6.5 About the same





## Section 1. Support while waiting (continued)



			All tru	ists in Er	ngland
	Number of respondents		National average		Highest score
ne	99	6.6	6.1	4.4	8.1

put the 64	6.3	7.1	5.5	8.6	
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Change over time

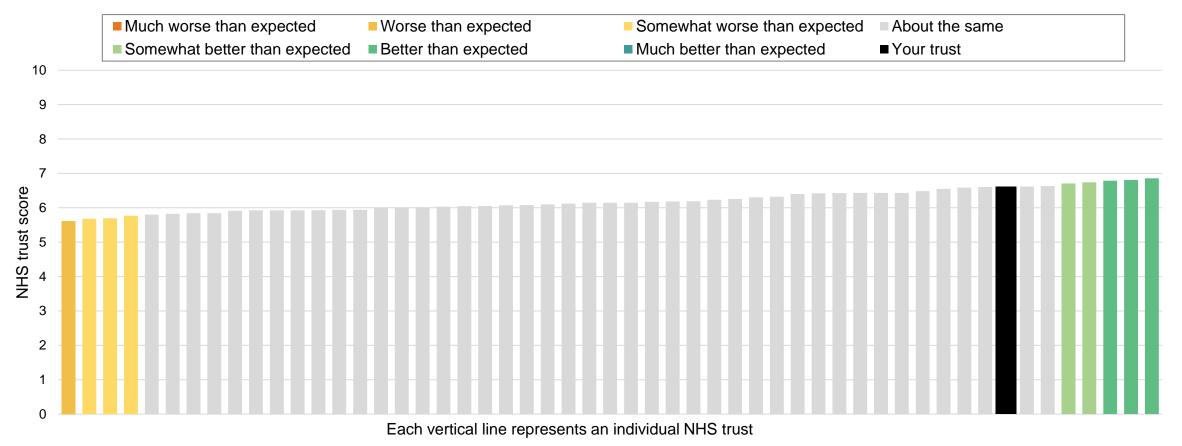
Comparison to other trusts



### **Section 2. Mental Health Team**

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 6.6 About the same





## Section 2. Mental Health Team (continued)

	A A	About th	orse than ne same etter than	-			han expec hat better t u <b>st</b>		ected	Bette	ewhat wo r than ex nal avera	-	ted				All tru	ısts in Eı	ngland
(	0	1		2	3	4	5	6		7	8	9	10	_	Number of respondents	Your trust			Highest score
Q8. Were you given enough time to discuss your needs and treatment?										•				About the same	349	7.3	6.9	6.3	7.6
									_										<b></b> 1
Q9. Did you feel your NHS mental health team listened to what you had to say?										•				About the same	349	7.4	7.0	6.2	7.7
														_					
Q10. Did you get the help you needed?									•					Better than expected	353	6.6	5.9	5.1	6.7
Q11. Did your NHS mental health team consider how areas of your life impact your mental health?										•				About the same	344	6.8	6.5	5.9	7.2



## Section 2. Mental Health Team (continued)

		<ul> <li>Much wors</li> <li>About the s</li> <li>Much bette</li> </ul>	ame		Somev	<ul> <li>Worse than expected</li> <li>Somewhat better than expected</li> <li>Your trust</li> </ul>			<ul> <li>Somewhat worse than expected</li> <li>Better than expected</li> <li>National average</li> </ul>			
	0	1	2	3	4	5	6	7	8	9	10	
Q12. Did you have to repeat your mental health history to your NHS mental health team?						•						

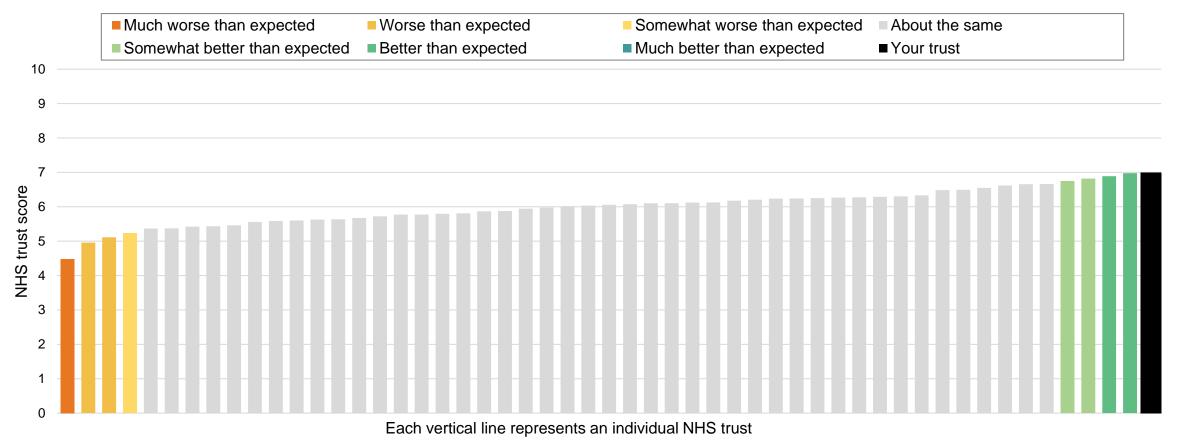
			All tru	ists in Er	ngland
	Number of respondents		National average		Highest score
About the same	344	5.0	4.6	4.0	5.5



### **Section 3. Planning care**

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

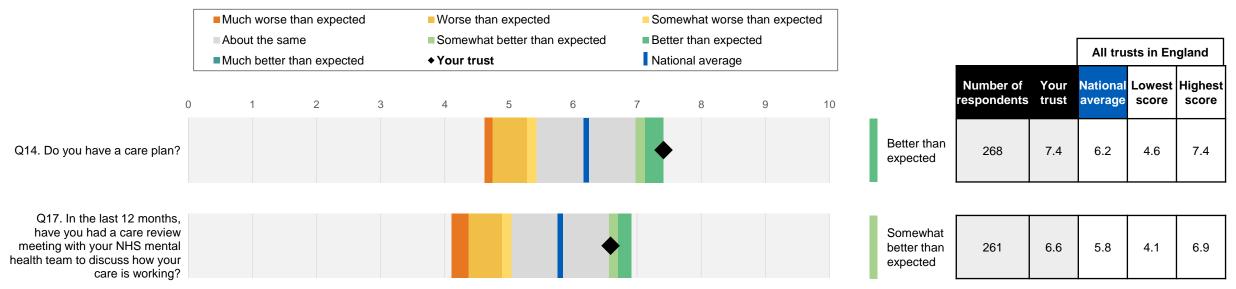
#### Your trust section score = 7.0 Better than expected



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### Section 3. Planning care (continued)

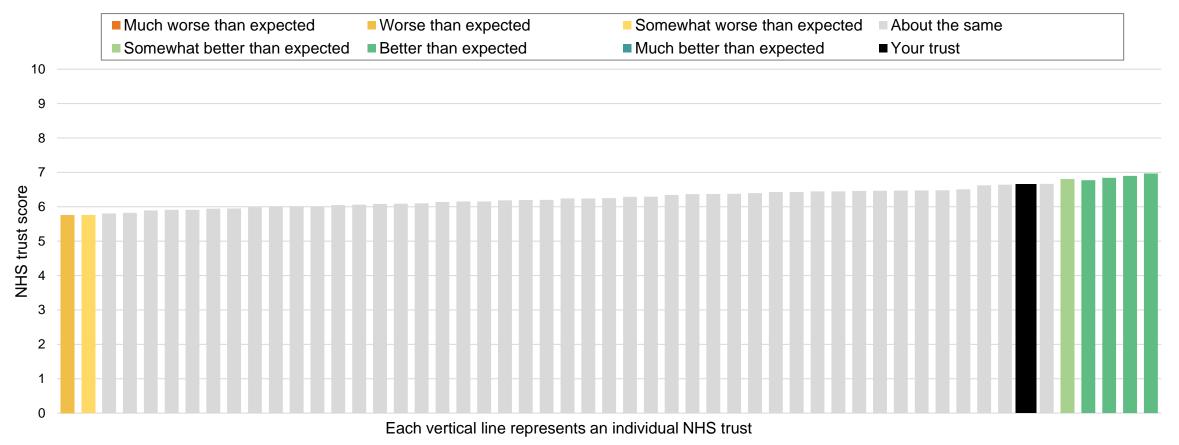




### Section 4. Involvement in care

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 6.6 About the same



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## Section 4. Involvement in care (continued)

	Abo	ut the sam	an expecte e an expecte		■ Worse t ■ Somew ♦ Your tr	hat better	ected r than expected	Bette	what wors than expe nal averag							sts in Er	
0		1	2	3	4	5	6	7	8	9 1	0		Number of respondents		National average		Highest score
Q15. To what extent did your NHS mental health team involve you in agreeing your care plan?								•				About the same	196	7.6	7.4	6.7	8.1
Q16. Were you given a choice on how your care and treatment would be delivered?								•				Better than expected	313	7.2	6.6	5.7	7.4
Q18. Has your NHS mental health team supported you to make decisions about your care and treatment?							•					About the same	336	6.4	6.0	5.2	7.1
Q19. Do you feel in control of your care?							•					About the same	319	5.5	5.2	4.4	6.1

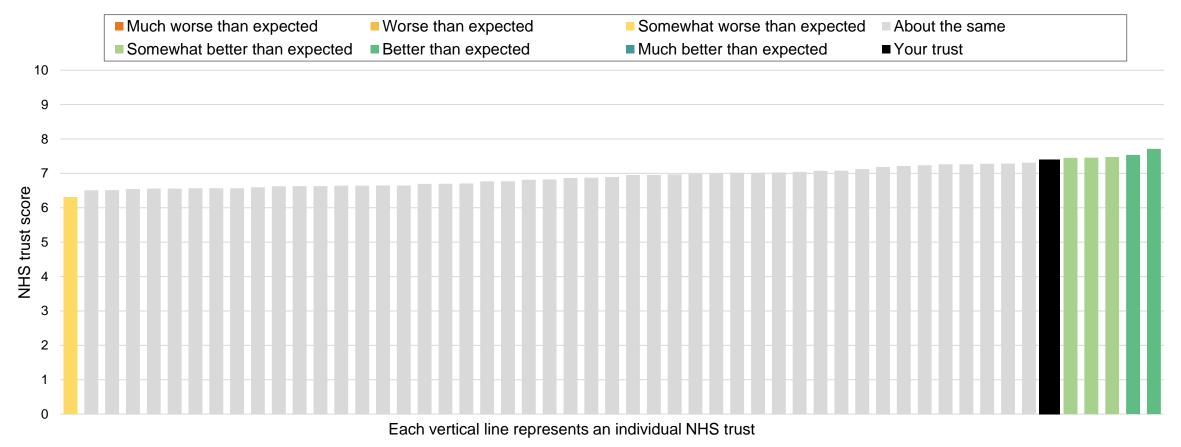


### **Section 5. Medication**

Headline results

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 7.4 Somewhat better than expected





### **Section 5. Medication (continued)**

	Abc	ch worse tha out the same ch better tha	•		■ Worse th ■ Somewh ◆ Your tru	at better th	ed an expected	Bett	newhat worse er than expec onal average		d		Number of				England
0		1	2	3	4	5	6	7	8	9	10		respondent s		National average		Highest score
Q22_1. Have any of the following been discussed with you about your medication? Purpose of medication									•			About the same	245	8.1	7.8	7.2	8.9
Q22_2. Have any of the following been discussed with you about your medication? Benefits of medication									•			Better than expected	241	7.9	7.3	6.6	8.2
Q22_3. Have any of the following been discussed with you about your medication? Side effects of medication							•					About the same	243	6.0	5.8	4.9	7.1
Q22_4. Have any of the following been discussed with you about your medication? What will happen if I stop taking my medication							•					Better than expected	233	6.4	5.5	4.4	6.5



### **Section 5. Medication (continued)**

	At	<ul> <li>Much worse than expected</li> <li>About the same</li> <li>Much better than expected</li> </ul>				<ul> <li>Worse than expected</li> <li>Somewhat better than expected</li> <li>Your trust</li> </ul>			<ul> <li>Somewhat worse than expected</li> <li>Better than expected</li> <li>National average</li> </ul>				
0		1	2	3	4	5	6	7	8	9	10		
Q23. In the last 12 months, has your NHS mental health team asked you how you are getting on with your medication?									•	•			

			All tru	usts in E	ngland
	Number of respondent s		National average		Highest score
About the same	235	8.6	8.3	7.2	9.1

Change over time

Comparison to other trusts

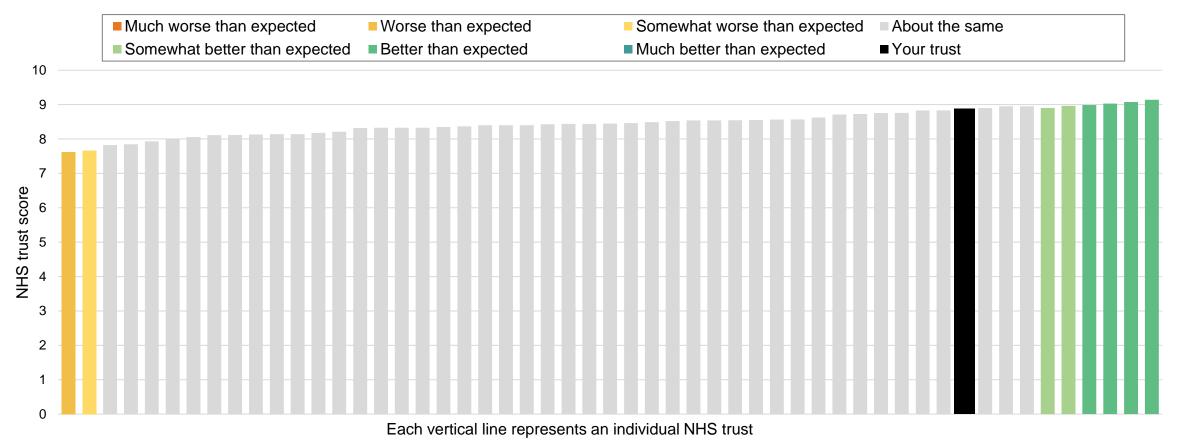
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### **Section 6. Psychological Therapies**

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 8.9 About the same



About the

same

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### Section 6. Psychological Therapies (continued)

		About th	orse than exp e same tter than exp		Some	<ul> <li>Worse than expected</li> <li>Somewhat better than expected</li> <li>Your trust</li> </ul>			<ul> <li>Somewhat worse than expected</li> <li>Better than expected</li> <li>National average</li> </ul>				
	0	1	2	3	4	5	6	7	8	9	10		
Q26. Thinking about the last time you received therapy, did you have enough privacy to talk comfortably?										•			

		All tr	usts in E	ngland
Number of respondents				Highest score
160	8.9	8.5	7.6	9.1

Change over time

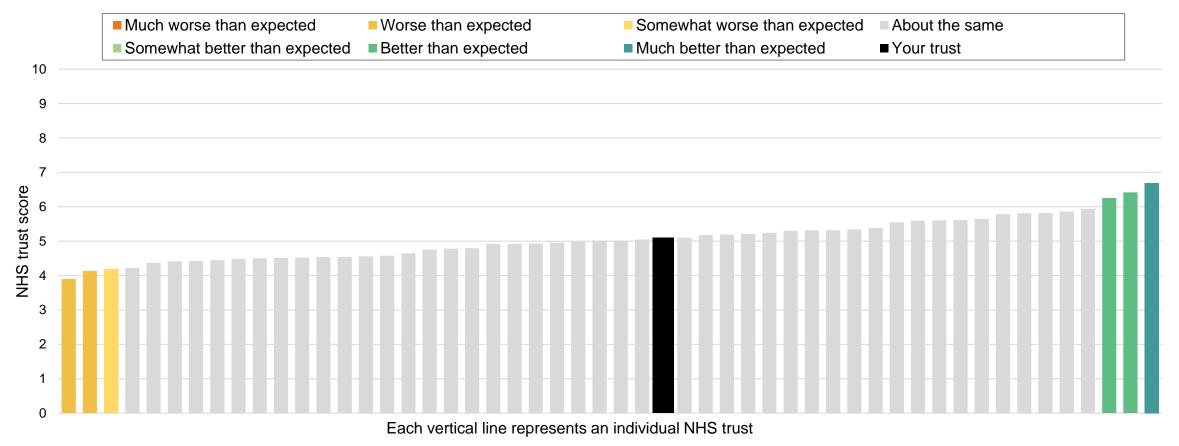
Comparison to other trusts



### **Section 7. Crisis Care Support**

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 5.1 About the same



Care Quality Commission



## Section 7. Crisis Care Support (continued)

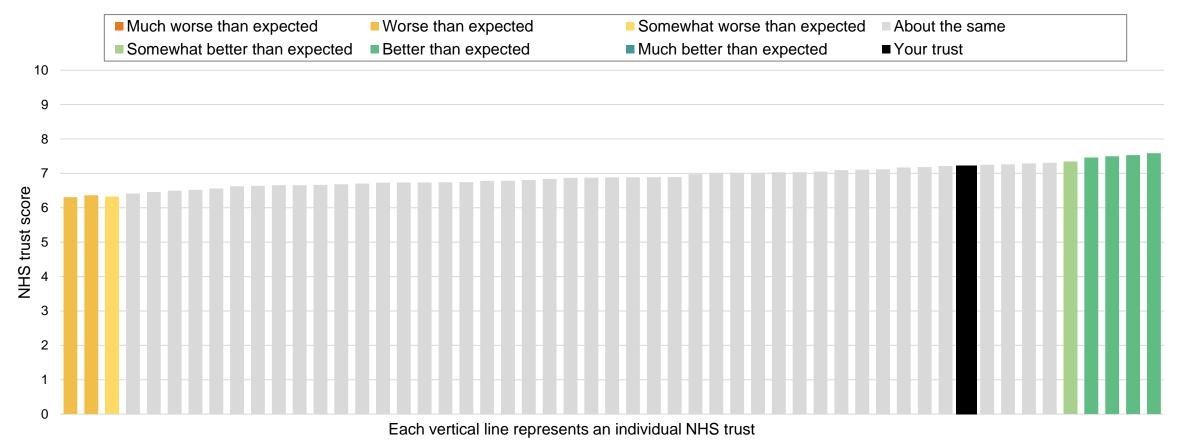
		<ul> <li>Much worse than expected</li> <li>About the same</li> </ul>			<ul> <li>Worse than expected</li> <li>Somewhat better than expected</li> </ul>				newhat wors ter than expe	e than expected				All true	sts in En	aland
	Much better than expected			♦ Your trust 4 5 6			_	ional average	e		Number of respondents		National	Lowest	Highest	
0 Q29. Thinking about the last time you contacted this person or team, did you get the help you needed?		1	2	3	4	5	•		8	9 10	About the same	105	6.2	5.9	4.8	7.2
Q31. Did the NHS mental health team give your family or carer support whilst you were in crisis?					•						About the same	76	4.0	4.3	2.8	6.1



### **Section 8. Crisis Care Access**

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 7.2 About the same



Care Quality Commission



### **Section 8. Crisis Care Access (continued)**

	About the	se than expec same er than expect				ed an expected	<ul> <li>Somewhat worse than expected</li> <li>Better than expected</li> <li>National average</li> </ul>					
0	1	2	3	4	5	6	7	8	9	10		
Q27. Would you know who to contact out of office hours within the NHS if you had a crisis?								•				
Q30. Thinking about the last time you contacted this person or team, how do you feel about the length of time it took you to get through to them?						•						

		All trusts in Englan										
	Number of respondents				Highest score							
About the same	313	8.2	7.9	7.0	9.0							

About the same	102	6.2	5.9	4.4	7.6	
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Change over time

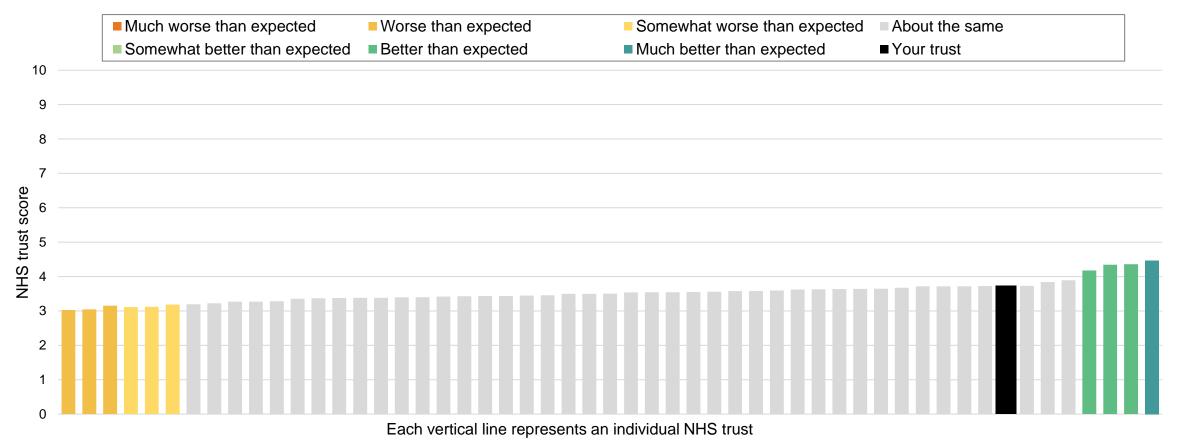
e Comparison to other trusts



### Section 9. Support with other areas of life

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 3.7 About the same



Care Quality Commission Survey Coordination Centre



### Section 9. Support in other areas of life (continued)

	<ul> <li>Much worse than expected</li> <li>About the same</li> <li>Much better than expected</li> </ul>			<ul> <li>Worse than expected</li> <li>Somewhat better than expected</li> <li>Your trust</li> </ul>			<ul> <li>Somewhat worse than expected</li> <li>Better than expected</li> <li>National average</li> </ul>							All tr	usts in E	England
L 0	1 Much ben	2	3	4	5	6	7	8	9	10		Number of respondent s		National average	Lowest score	Highest score
Q33_1. In the last 12 months, did your NHS mental health team give you any help or advice with finding support for Joining a group or taking part in an activity (e.g. art, sport etc)					•						Somewhat better than expected	284	4.9	4.4	3.5	5.6
Q33_2. In the last 12 months, did your NHS mental health team give you any help or advice with finding support for Finding or keeping work		•									About the same	195	2.0	2.2	1.3	3.2
Q33_3. In the last 12 months, did your NHS mental health team give you any help or advice with finding support for Financial advice or benefits											About the same	227	2.4	2.5	1.7	3.8
Q33_4. In the last 12 months, did your NHS mental health team give you any help or advice with finding support for Cost of living		•									About the same	228	1.7	1.7	1.1	3.2

Survey Coordination Centre



### Section 9. Support with other areas of life (continued)

	Much worse than expected				<ul> <li>Worse than expected</li> <li>Somewhat better than expected</li> <li>Your trust</li> </ul>			So So	mewhat wors	e than expecte	ed				r		
	<ul><li>About the same</li><li>Much better than expected</li></ul>			Be				tter than expe	ected					All tru	sts in Er	ngland	
				Na				National average				Number of	Vaur		Lawaat	Linhaat	
0		1	2	3	4	5	6	7	8	9	10		Number of respondents				Highest score
Q32. In the last 12 months, has your NHS mental health team supported you with your physical health needs?						•						About the same	220	5.2	4.6	3.7	5.9
Q34. Have NHS mental health services involved a member of your family or someone else close to you as much as you would like?							•					About the same	245	6.2	5.9	4.9	6.9

, Change over time

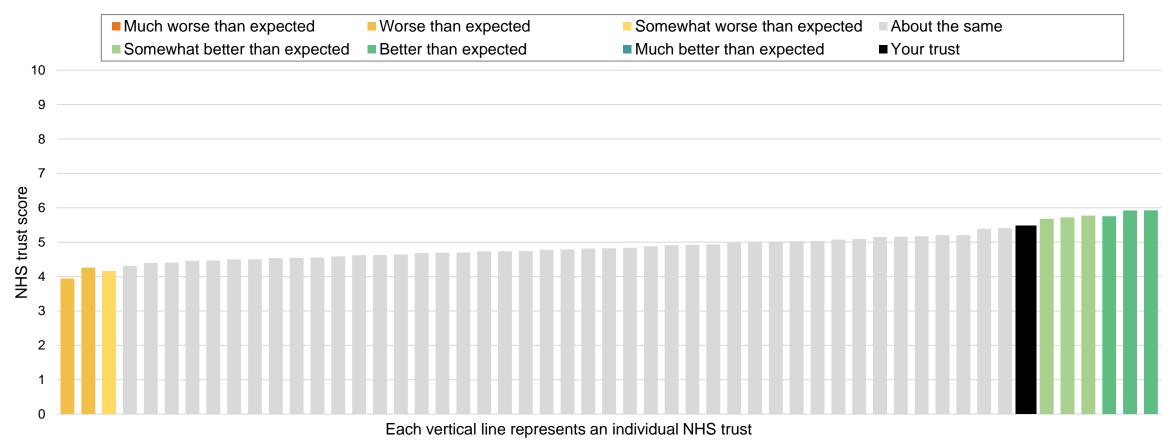
Comparison to



## Section 10. Support in accessing care

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 5.5 Somewhat better than expected



Survey Coordination Centre



## Section 10. Support in accessing care (continued)

#### **Question scores**

	<ul> <li>Much worse than expected</li> <li>About the same</li> </ul>		d	<ul> <li>Worse than expected</li> <li>Somewhat better than expected</li> </ul>		<ul><li>Somewhat worse than expected</li><li>Better than expected</li></ul>		d				All tru	sts in Er	ngland			
0		n better tha	2 2	<b>ل</b> ا 3	♦ Your tr	ust 5	6	7 Natio	onal averag 8	9	10		Number of respondents				Highest score
Q35. Has your NHS mental health team asked if you need support to access your care and treatment?						•						Somewhat better than expected	273	5.1	4.5	3.7	5.6
Q38. Do you feel the support provided meets your needs?							•					About the same	100	5.9	5.3	3.8	6.7

Change over time

Comparison to other trusts



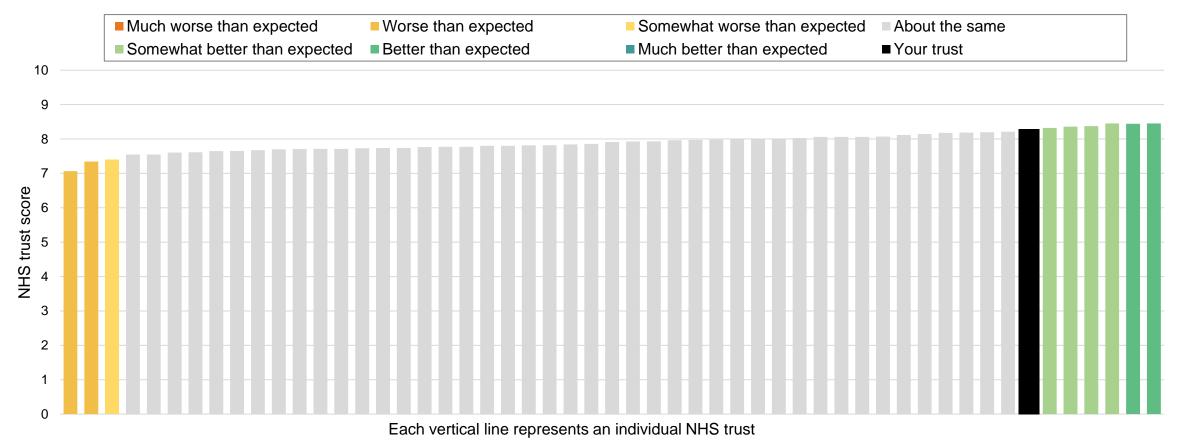
Survey

Centre

## Section 11. Respect, dignity and compassion

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 8.3 Somewhat better than expected



Survey Coordination NHS

Centre

## Section 11. Respect, dignity and compassion (continued)

#### **Question scores**

	Much worse than expected			Worse than expected				Somewhat worse than expected								
	it the same			Somewhat better than expected			Better than expected							All tr	usts in E	ingland
0	n better tha	n expecte	d 3	♦ Your tre	<b>ust</b> 5	6	Nati	onal average	9	10		Number of respondents				Highest score
Q13. Did your NHS mental health team treat you with care and compassion?								•			About the same	352	8.2	7.9	7.1	8.6
Q40. Overall, in the last 12 months, did you feel that you were treated with respect and dignity by NHS mental health services?								•			Better than expected	356	8.4	7.9	7.0	8.4

Change over time

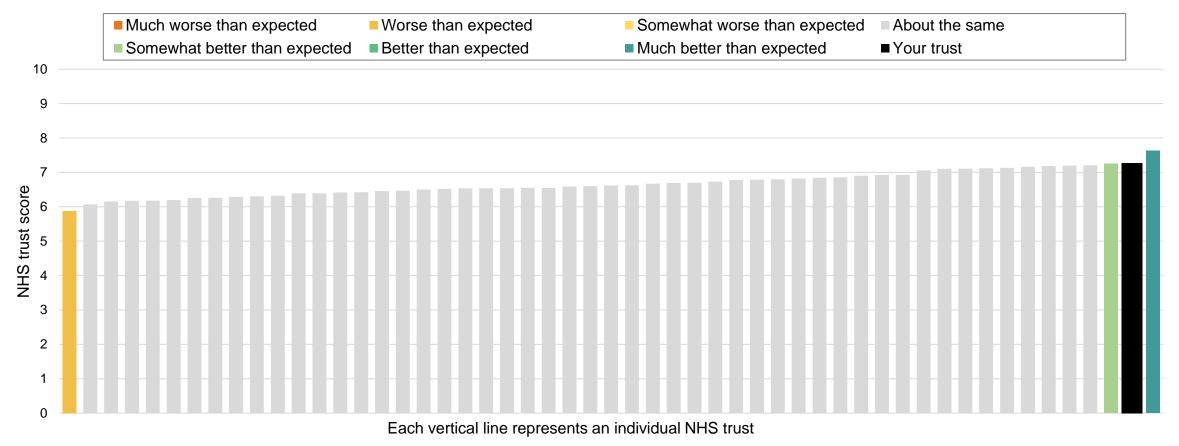
Comparison to other trusts



## **Section 12. Overall experience**

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

#### Your trust section score = 7.3 Better than expected



Survey Coordination Centre



## Section 12. Overall experience (continued)

#### **Question scores**



			All trusts in England					
	Number of respondents				Highest score			
than ed	355	7.3	6.7	5.9	7.6			

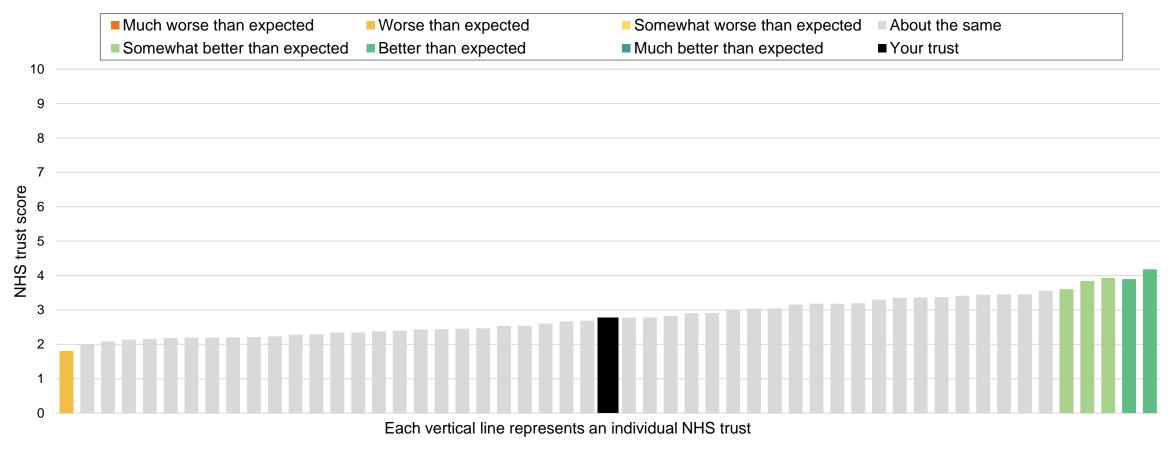


## **Section 13. Feedback**

Headline results

This shows the range of section scores for all NHS trusts. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

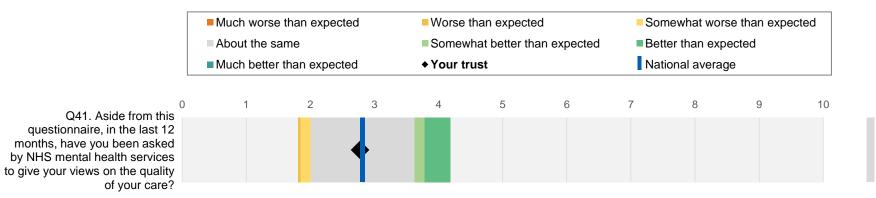
#### Your trust section score = 2.8 About the same





## Section 13. Feedback (continued)

#### **Question scores**



			All trusts in England					
	Number of respondents		National average		Highest score			
About the same	281	2.8	2.8	1.8	4.2			

# **Change over time**

#### This section includes:

- your mean trust score for each evaluative question in the survey
- where comparable data is available, statistical significance testing using a two-sample t-test has been carried out against the 2023 and 2024 survey results for each relevant question. Where a change in results is shown as 'significant', this indicates that this change is not due to random chance, but is likely due to some particular factor at your trust

#### Please note:

- If data is missing for a survey year, this is due to a low number of responses, or because the trust data was not included in the survey that year, due to sampling errors or ineligibility.
- The following questions were new or changed for 2024 and therefore are not included in this section: Q9, Q15, Q16, Q26, Q37.
- Section 6 has been excluded as the question that constitutes the section has been amended and is no longer comparable.
- A two-sample t-test is a statistical test used to compare the means of two groups to see if there is a significant difference between them and assess whether observed differences are likely due to chance or not



Survey Coordination Centre



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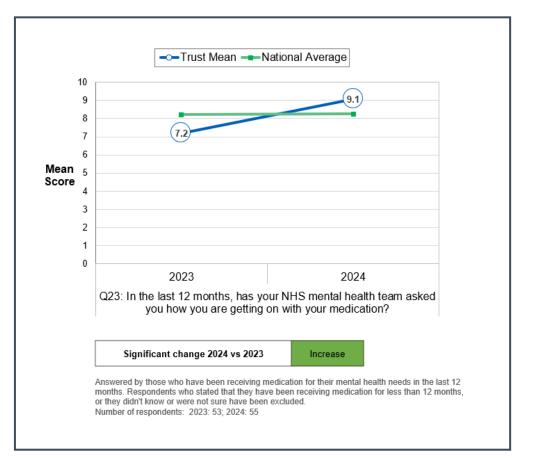
#### on **NH**

## How to interpret change over time in this report

The charts in the 'change over time' section show how your trust scored in each Community Mental Health survey iteration. Where available, trend data from 2023 to 2024 is shown. If a question only has one data point, this question is not shown. Questions that are not historically comparable, are also not shown.

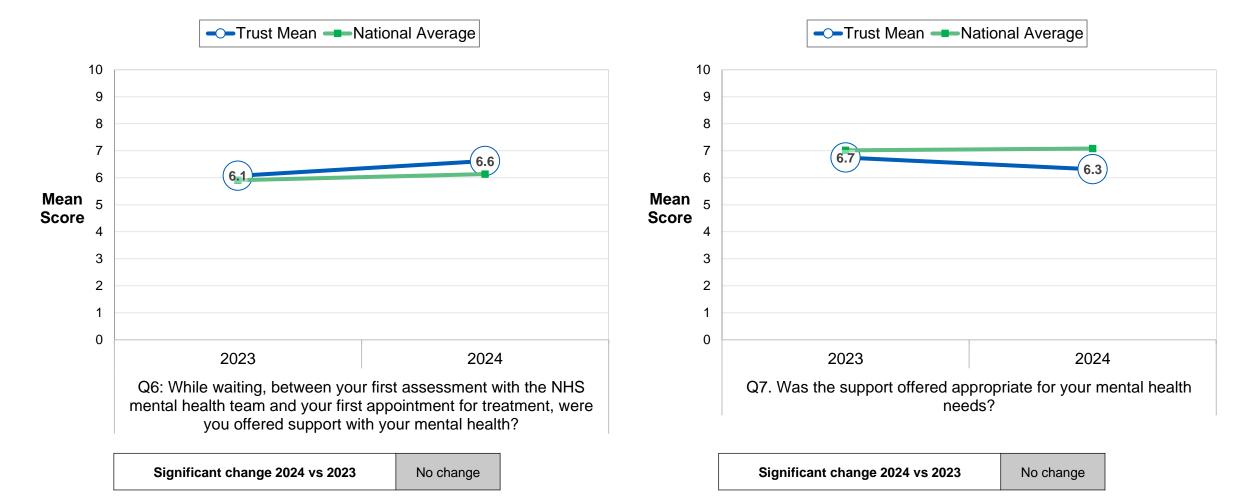
Each question is displayed in a line chart. These charts show your trust mean score for each survey year (blue line). The national average is also shown across survey years, this is the average score for that question across all community mental health NHS trusts in England (green line). This enables you to see how your trust compares to the national average. If there is data missing for a survey year, this may be due to either a low number of responses, because the trust was not included in the survey that year, sampling errors or ineligibility.

Statistically significant changes are also displayed in the table underneath the charts, showing significant differences between this year (2024) and the previous year (2023). Z-tests set to 95% significance were used to compare data between the two years (2024 vs 2023). A statistically significant difference means it is unlikely we would have obtained this result if there was no real difference.





## Section 1. Support while waiting

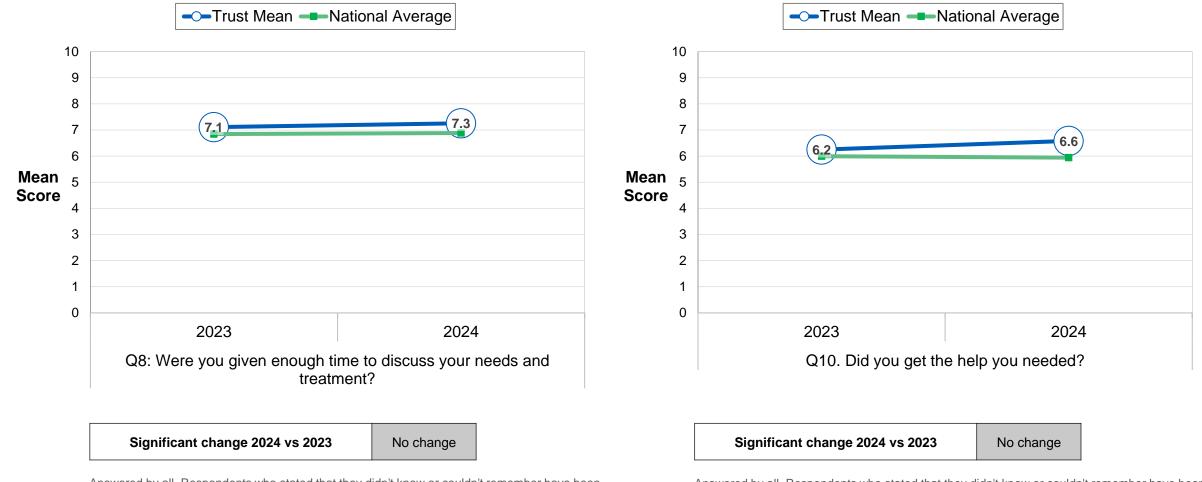


Answered by those who have been in contact with the NHS mental health services for the past 2 years. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 74; 2024: 99

Answered by those who have been in contact with the NHS mental health services for the past 2 years and were offered support while waiting for treatment. Respondents who stated that they didn't know or couldn't remember or that they did not need any support have been excluded. Number of respondents: 2023: 44; 2024: 64



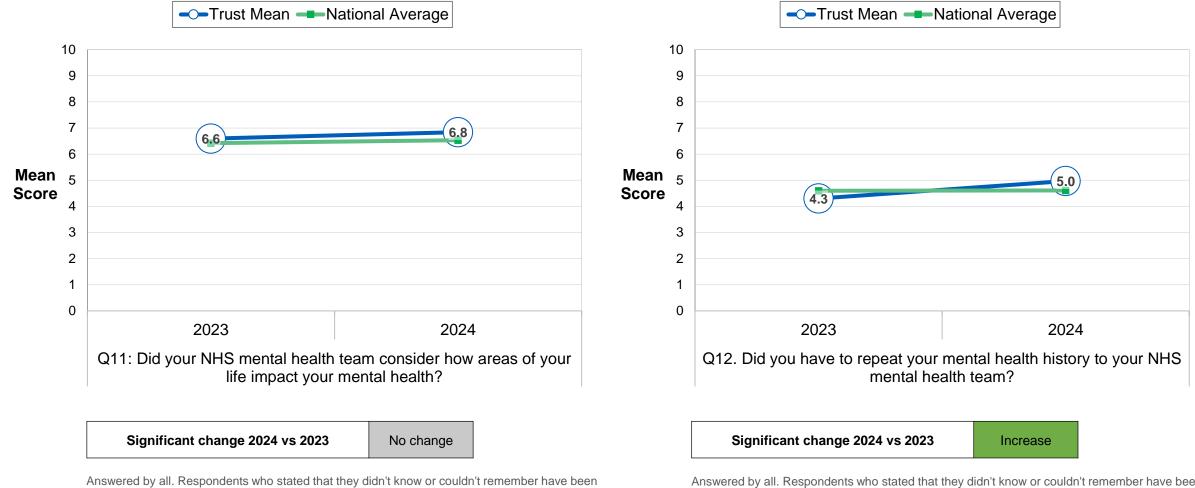
#### **Section 2. Mental Health Team**



Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 288; 2024: 349 Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 295; 2024: 353



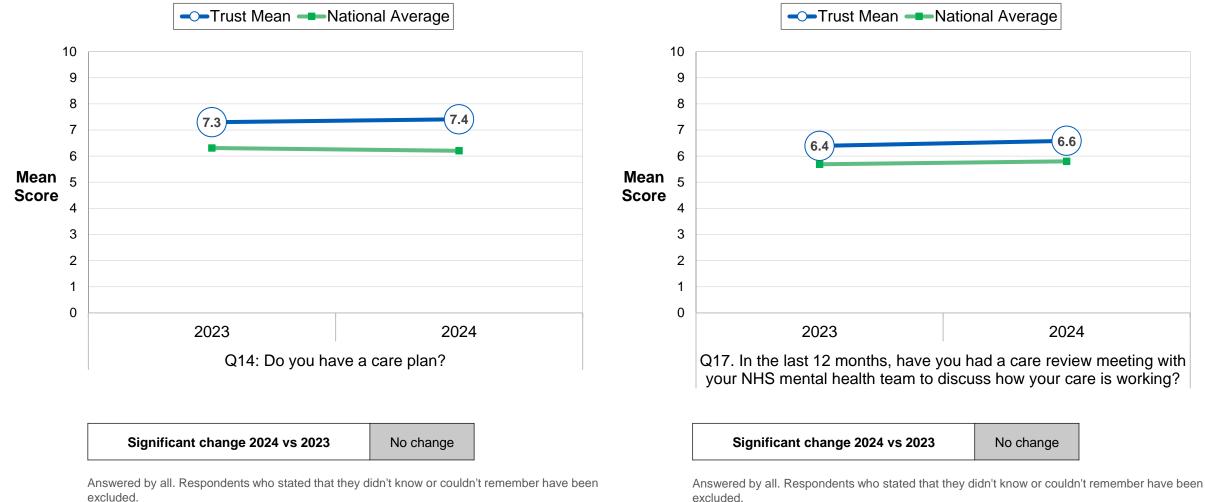
## Section 2. Mental Health Team (continued)



Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 279; 2024: 344 Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 288; 2024: 344

Background and methodology	eadline results	Scoring and benchmarking	Change over time	Comparison to Other Trusts	Care Quality Commission	Survey Coordination Centre	NHS
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#### **Section 3. Planning care**



Number of respondents: 2023: 228; 2024: 268

Number of respondents: 2023: 235; 2024: 261



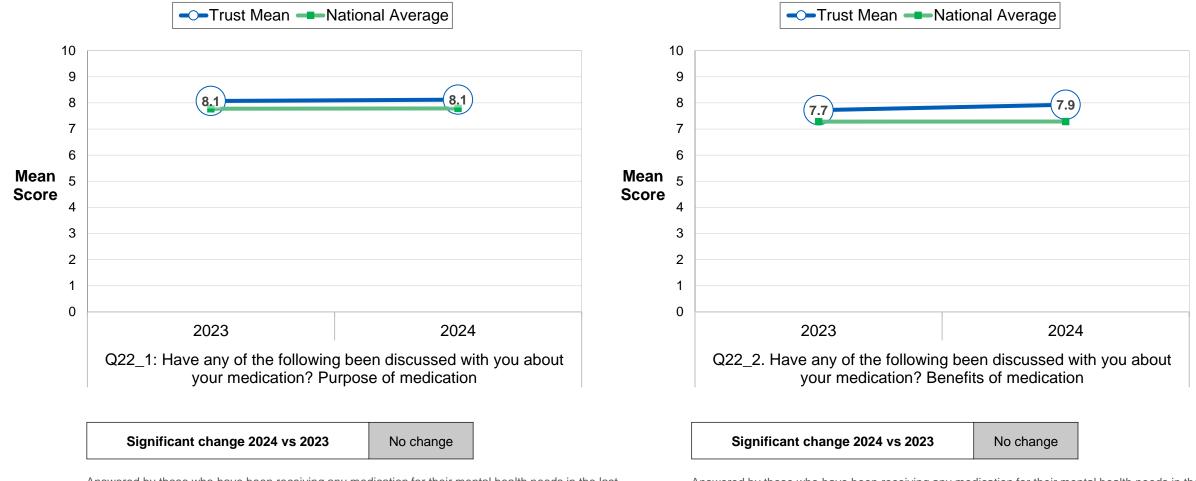
#### **Section 4. Involvement in care**



Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 289; 2024: 336 Answered by all. Respondents who stated that they didn't want to be in control of their care, their care has now ended, or they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 269; 2024: 319

Background and methodology	Headline results	Scoring and benchmarking	Change over time	Comparison to Other Trusts	Care Quality Commission	Survey Coordination Centre	NHS

#### **Section 5. Medication**

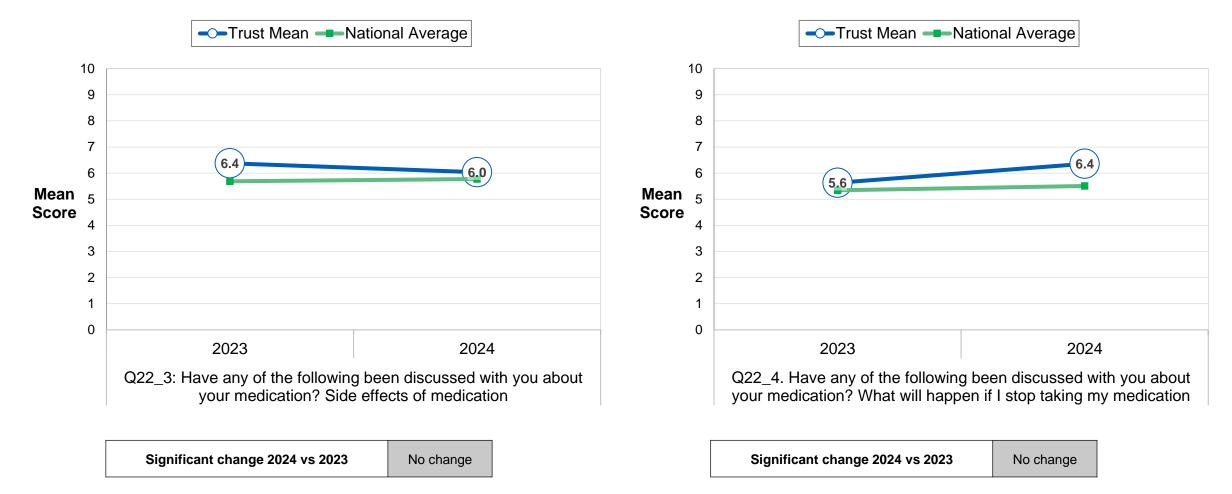


Answered by those who have been receiving any medication for their mental health needs in the last 12 months. Respondents who stated that they didn't know have been excluded. Number of respondents: 2023: 209; 2024: 245

Answered by those who have been receiving any medication for their mental health needs in the last 12 months. Respondents who stated that they didn't know have been excluded. Number of respondents: 2023: 209; 2024: 241



#### **Section 5. Medication (continued)**

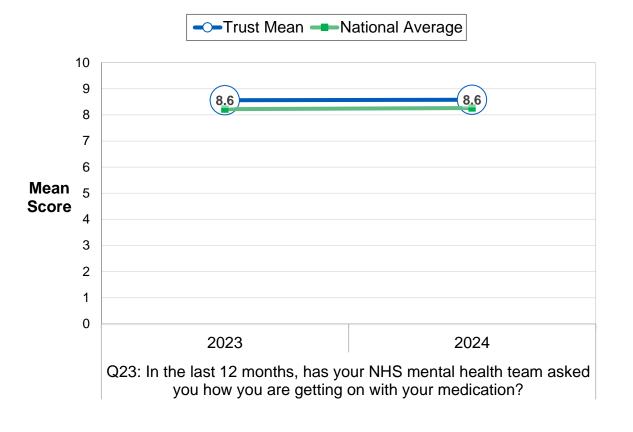


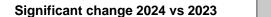
Answered by those who have been receiving any medication for their mental health needs in the last 12 months. Respondents who stated that they didn't know have been excluded. Number of respondents: 2023: 206; 2024: 243

Answered by those who have been receiving any medication for their mental health needs in the last 12 months. Respondents who stated that they didn't know have been excluded. Number of respondents: 2023: 196; 2024: 233



#### **Section 5. Medication (continued)**





No change

Answered by those who have been receiving any medication for their mental health needs in the last 12 months. Respondents who stated that they have been receiving medication for less than 12 months, or they didn't know or were not sure have been excluded. Number of respondents: 2023: 206; 2024: 235

## **Section 6. Psychological Therapies**

Please note, no data is available for this section as the question has been revised for 2024 and is no longer comparable to previous year's data.



#### **Section 7. Crisis care support**

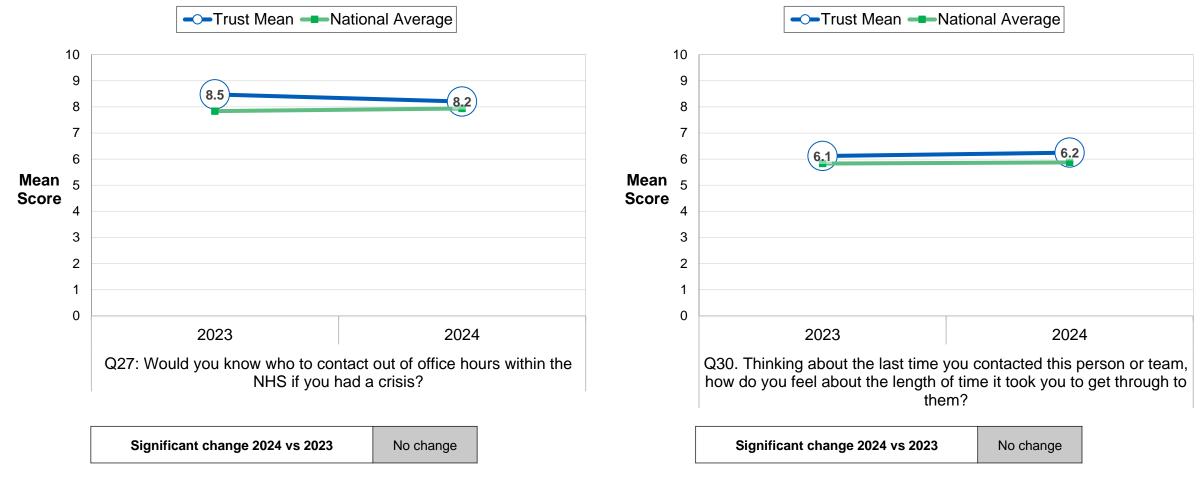


Answered by those who would know who to contact out of office hours within the NHS if they had a crisis. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 99; 2024: 105

Answered by those who would know who to contact out of office hours within the NHS if they had a crisis. Respondents who stated that they didn't know or couldn't remember, this was not applicable, or their family or carer did not want support have been excluded. Number of respondents: 2023: 89; 2024: 76



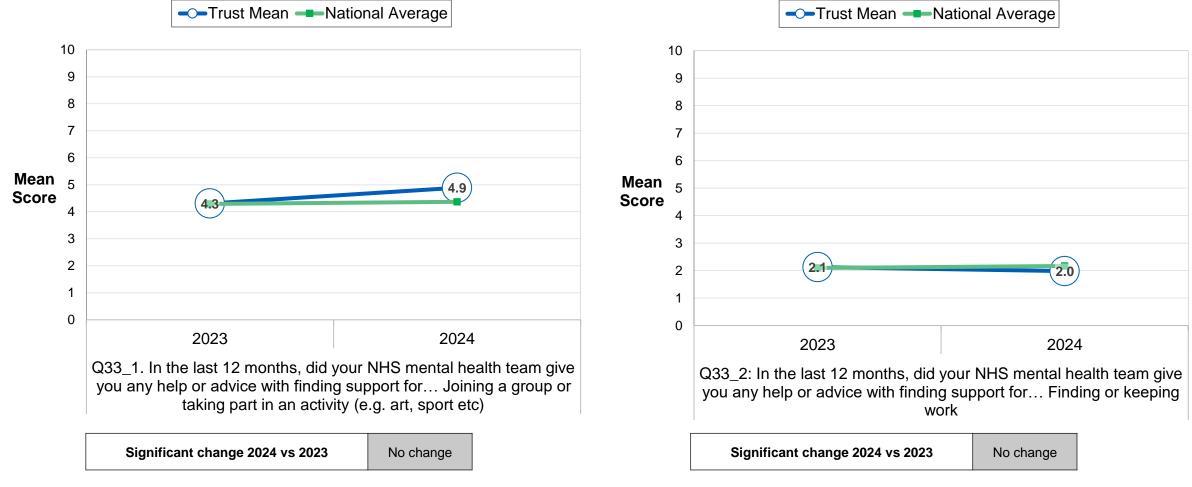
#### **Section 8. Crisis care access**



Answered by all. Respondents who stated that they were not sure have been excluded. Number of respondents: 2023: 272; 2024: 313 Answered by those who would know who to contact out of office hours within the NHS if they had a crisis. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 98; 2024: 102



#### Section 9. Support with other areas of life

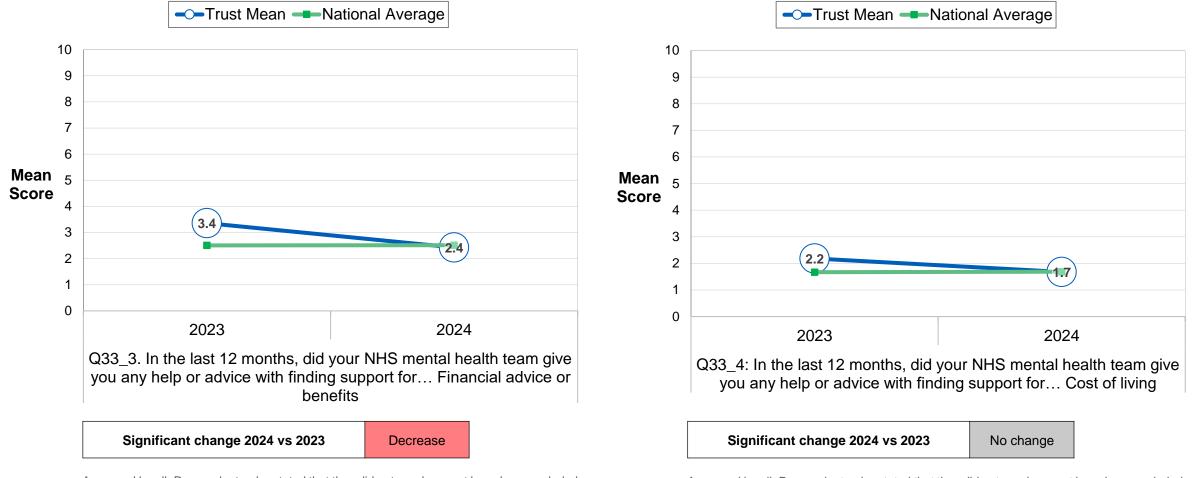


Answered by all. Respondents who stated that they did not need support have been excluded. Number of respondents: 2023: 228; 2024: 284

Answered by all. Respondents who stated that they did not need support have been excluded. Number of respondents: 2023: 169; 2024: 195



## Section 9. Support with other areas of life (continued)

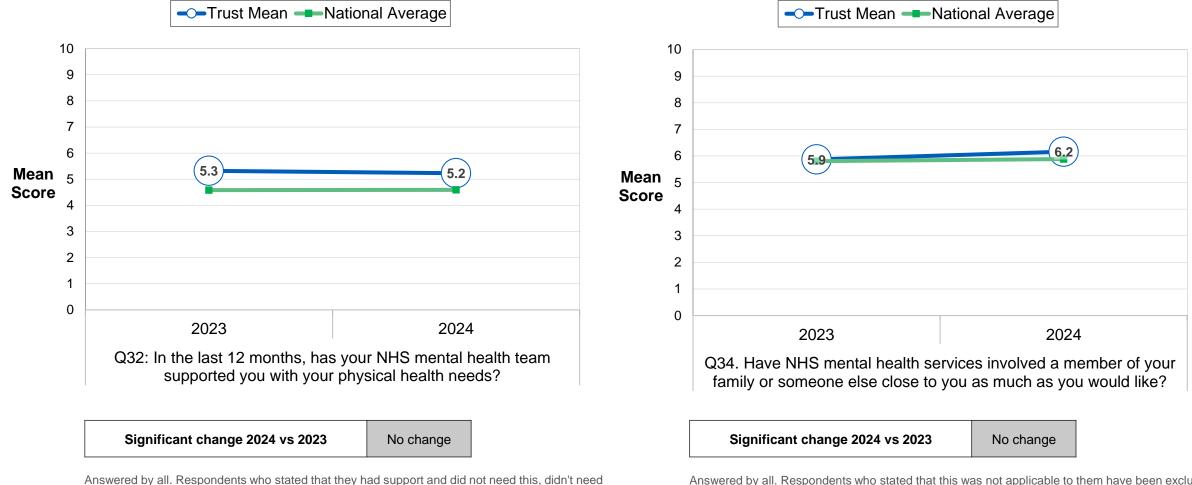


Answered by all. Respondents who stated that they did not need support have been excluded. Number of respondents: 2023: 192; 2024: 227

Answered by all. Respondents who stated that they did not need support have been excluded. Number of respondents: 2023: 184; 2024: 228



#### Section 9. Support with other areas of life (continued)



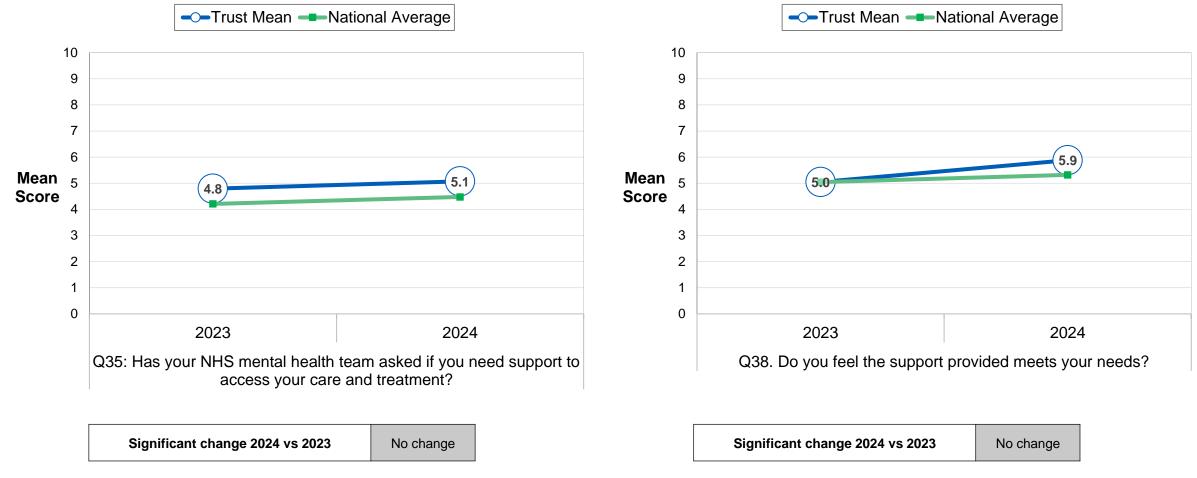
Number of respondents: 2023: 173; 2024: 220

Answered by all. Respondents who stated that this was not applicable to them have been excluded. Number of respondents: 2023: 206; 2024: 245

support or did not have physical health needs have been excluded.



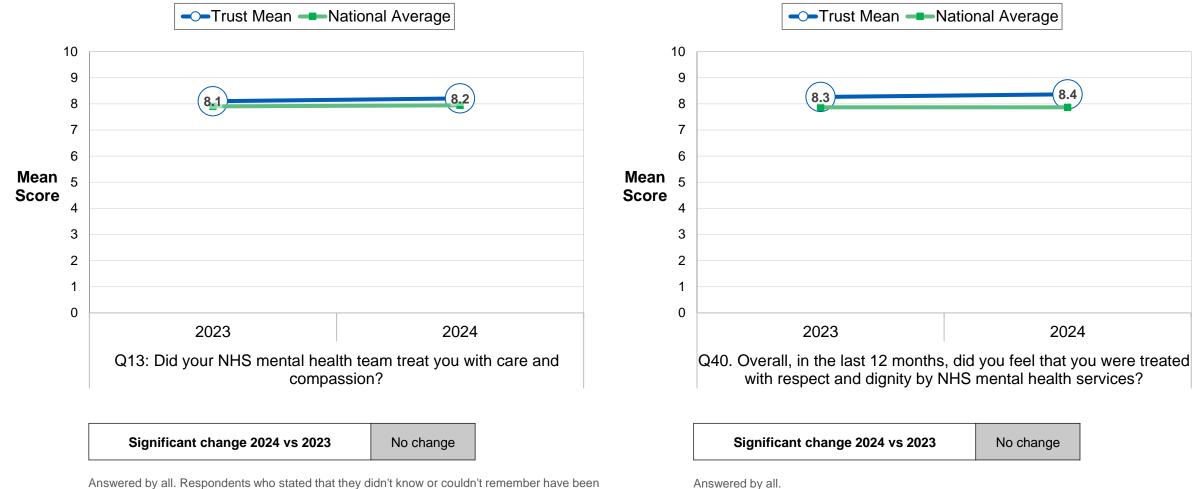
## **Section 10. Support in accessing care**



Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 228; 2024: 273 Answered by those who needed support to access their care and treatment. Respondents who stated that they didn't receive any support or didn't know or couldn't remember have been excluded. Number of respondents: 2023: 59; 2024: 100



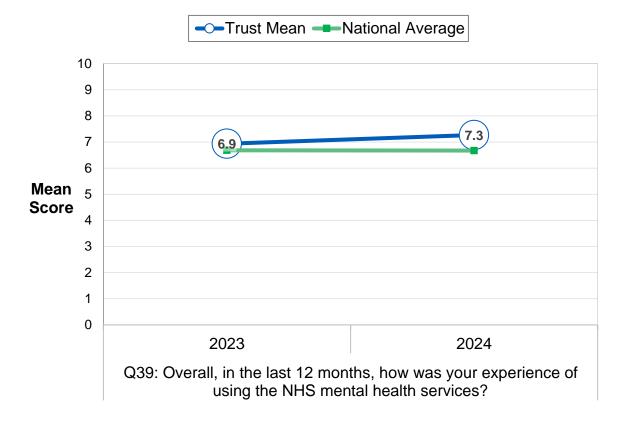
### Section 11. Respect, dignity and compassion



Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 293; 2024: 352 Answered by all. Number of respondents: 2023: 295; 2024: 356

Background and methodologyHeadline resultsScoring and benchmarkingChange over time	Comparison to Other Trusts	Commission Survey Coordination Centre
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#### **Section 12. Overall experience**



Significant change 2024 vs 2023	
orginitoant onango LoL To LoLo	

No change

Answered by all. Number of respondents: 2023: 294; 2024: 355

Background and methodology	Headline results	Scoring and benchmarking	Change over time	Comparison to Other Trusts	Care Quality Commission	Survey Coordination Centre	NHS
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#### **Section 13. Feedback**

Trust Mean — National Average



Answered by all. Respondents who answered that they were not sure have been excluded. Number of respondents: 2023: 248; 2024: 281

# Comparison to other trusts



Survey Coordination Centre



#### Comparison to other trusts: where your trust has performed much better

The questions at which your trust has performed much better when compared with all other trusts are listed below. The questions where your trust has performed about the same compared with all other trusts have not been listed.

Much better than expected

Centre

#### Comparison to other trusts: where your trust has performed better

The questions at which your trust has performed better than compared with all other trusts are listed below. The guestions where your trust has performed about the same compared with all other trusts have not been listed.

#### Better than expected

- Q10. Did you get the help you needed?
- Q14. Do you have a care plan?
- Q16. Were you given a choice on how your care and treatment would be delivered?
- Q22 2. Have any of the following been discussed with you about your medication? Benefits of medication
- Q22 4. Have any of the following been discussed with you about your medication? What will happen if I stop taking my medication
- Q39. Overall, in the last 12 months, how was your experience of using the NHS mental health services?
- Q40. Overall, in the last 12 months, did you feel that you were treated with respect and dignity by NHS mental health services?

# Comparison to other trusts: where your trust has performed somewhat better

The questions at which your trust has performed somewhat better when compared with all other trusts are listed below. The questions where your trust has performed about the same compared with all other trusts have not been listed.

#### Somewhat better than expected

- Q17. In the last 12 months, have you had a care review meeting with your NHS mental health team to discuss how your care is working?
- Q33\_1. In the last 12 months, did your NHS mental health team give you any help or advice with finding support for...Joining a group or taking part in an activity (e.g. art, sport etc)
- Q35. Has your NHS mental health team asked if you need support to access your care and treatment?



# Comparison to other trusts: where your trust has performed somewhat worse

The questions at which your trust has performed somewhat worse when compared with all other trusts are listed below. The questions where your trust has performed about the same compared with all other trusts have not been listed.

Somewhat worse than expected



Centre

#### Comparison to other trusts: where your trust has performed worse

The questions at which your trust has performed worse compared with all other trusts are listed below. The questions where your trust has performed about the same compared with all other trusts have not been listed.

#### Worse than expected



Centre

#### Comparison to other trusts: where your trust has performed much worse

The questions at which your trust has performed much worse when compared with all other trusts are listed below. The questions where your trust has performed about the same compared with all other trusts have not been listed.

#### Much worse than expected

## Thank you.

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For further information please contact the Survey Coordination Centre:

mentalhealth@surveycoordination.com





Survey Coordination Centre

